

# CLUB



# NEWS

MAY/JUNE 2009, ISSUE 12

## Page 1

- Introduction
- Laminitis
- Factoids

## Page 2

- Chairman's Column
- Re Solent Juniors RC

## Page 4

- Editor's Contribution

## Page 5

- Winter League Finalst

## Page 6

- Showjumping Training

## Page 7

- Competition

## Page 8

- Member News
- Robert Pickles
- Training Dates

### FACTOIDS

•Did you know that horses have one leg (or side) that is a hair shorter than the other?. By seeing which side of the neck a horse's mane falls on you can tell which front leg is the shortest. The mane will fall to the short-legged side

•Did you know that Arabians have one less rib, one less back vertebrae and one less neck vertebrae than any other horse in the world? This is the reason why they have such short backs.

## Editorial



### Welcome to the new Club Newsletter

Being the owner of a pony who is susceptible to laminitis, and becoming increasingly concerned with her weight, the new grass and how best to manage the condition in her case, I thought it would be interesting to include some Do's and Don't's. Please see the short piece on Laminitis below.

The 'word search' competition was won by Leanne Lacey. Leanne receives a £15.00 voucher to use at any club event. The competition this time is a 'horsey' related cross word...so get your pens or pencils out and have a go. But first, what's been happening since the last issue?

- Sarah Bunting

## Important Announcement

### Forms

For those of you who do not have Internet or Email access, booking forms and additional information is attached at the end of this Newsletter.

## Laminitis

### DO

- Call the vet straight away if you suspect laminitis. Treat as an emergency
- If diagnosed, remove from grazing and confine to a deeply bedded stable for a month after "recovery"
- Make sure the diet is high fibre, low sugar, starch and fructan
- Feed clean, low nutritive value hay in addition to required approved feed
- Use sheep to graze down spring / autumn grass (or muzzle to prevent excessive grazing)
- If your horse is overweight, put him on a controlled diet & exercise regime
- Clean water should be freely available at all times

### DON'T

- Feed cereal or cereal mixes to a horse susceptible to or with laminitis as they are relatively high in soluble carbohydrates
- Allow the horse to become overweight. Signs of fat deposits on the crest and quarters signal a potential problem
- Starve a horse that is overweight, this may lead to a serious condition called hyperlipidaemia

Source [www.bhs.org.uk](http://www.bhs.org.uk)



## Chairman's Column

**Concentration, commitment, confidence and control**, this is the mantra for my riding this year. If you read Horse and Hound you will know that I pinched this from one of Pammy Huttons articles, who in turn got it from the radio show the Archers. I think it is a great mantra to apply to our riding. Try it when things are not going as planned, it does work.

The Committee are all very busy at the moment organising Events and Judges for the coming season it is a hive of activity. Two of the largest events we are organising this year are Area 17 Showjumping Qualifier at Hampshire Show Ground Botley, on 21<sup>st</sup> June and also our Annual Show on 2<sup>nd</sup> August. We will need volunteers to help us at these events.

I know we have a lot of new members joining the club all the time, some we see a lot, and some join and are never seen again. Are you joining in the training sessions? We try to spread them out geographically so that some of them must be close to you, so don't delay book in for some of these sessions.

**Remember Concentration, Commitment, Confidence and Control**

- Kate Bartlett

## Re: Solent Riding Club Juniors

As you are aware Aly Burgess has decided to step down from the committee and the running of the Junior Section of the Riding Club in order to spend more time competing with her new horse. In the three years she has been looking after the Junior Section we have seen it go from strength to strength and she will prove a very hard act to follow.

The Solent Riding Club Committee have discussed at length how the Junior members can best be developed and who could take over Aly's role. There are now just eight of us on the Committee who are the main organisers of training and events for the Club with the help of two co-opted volunteers – namely Sarah Bray who has assisted Aly with the juniors and Claire Stockton who has volunteered to organise the Senior Dressage Squad training and act as Chef d'Equipe at dressage competitions.



In the short term Sarah is willing to continue with the organisation of the Junior members who have expressed an interest in the Dressage to Music Competition and will be liaising with Claire to select the team and submit entries.

In light of these changes we have decided upon the following:

**JUNIOR TRAINING** – Whilst separate sessions have previously been organised, we will, as has always been the case, continue to offer Junior Members training through our regular flat work, show jumping and cross country clinics. If Junior Members wish to share a session with other juniors rather than be allocated a space according to ability, then this can be accommodated. Please indicate as such on the booking form or contact the organiser of the training to discuss.

**JUNIOR EVENTS** – We will continue to offer Junior Members specific events such as the Mounted Games, but these will be confined to Half Term and School Holiday periods. We would also welcome the assistance of parents or guardians of Junior Members in the running of these events. Please contact Kate Bartlett our Chairman, if you feel you can help at these events or wish to be involved in the organisation.

**JUNIOR NEWSLETTER** – This will be replaced with a “Junior Section” in our main newsletter sent to all members. We would welcome reports and articles from Junior Members which should be emailed or sent to Sarah Bunting who is Editor of the Club’s newsletter.

**JUNIOR REPRESENTATIVE** – We would like Junior Members to have a “say” in the events the Club organises and to give the Committee feedback on how we can improve and make the Club enjoyable and accessible to all. It is hoped that the Juniors will “elect” or that a volunteer comes forward to act as Spokesperson for the Juniors and is prepared to talk to other Junior members and feedback thoughts and ideas to a member of the Committee on a regular basis. If you feel this is something you would like to be involved with please again contact Kate Bartlett.

We are very grateful to both Aly and Sarah for the time and commitment they have given to the Junior Section of the Riding Club and wish them well with their horses. Both are remaining members of the Club and have indicated that they are willing to help with events in the future so we are sure that you will see them around from time to time.

We are, however, looking to the future and hope that you will be supportive of the changes outlined in this letter.

Best regards,  
**The Solent Riding Club Committee**



## Editor's Contribution

I was sent this letter by a friend of mine. I don't know who wrote it but one thing is certain we will all recognise some if not all of the points raised by the author.

*Dear Horse,*

*I love you very much, and I truly cherish your presence in my life. I would never wish to criticize you in any way. However, there are a few trivial details regarding our relationship that I think might bear your consideration.*

*First of all, I am already aware that horses can run faster than I can. I do not need you to demonstrate that fact each time I come to get you in from the field. Please remember that I work long and hard to earn the money to keep you in the style to which you have become accustomed. In return, I think you should at least pretend to be glad to see me, even when I'm carrying a bridle instead of a bucket of feed. It should be fairly obvious to you that I am a human being who walks on only two legs. I do not resemble a scratching post. Do not think that, when you rub your head against me with 1,000 pounds of force behind it, I believe that it wasn't your intention to send me flying. I am also aware that stomping on my toes while you are pushing me around is nothing but adding injury to insult. I understand I cannot expect you to cover your nose when you sneeze, but it would be appreciated if you did not inhale large amounts of dirt and manure prior to aiming your sneezes at my face and shirt. Also, if you have recently filled your mouth with water you do not intend to drink, please let it all dribble from your mouth BEFORE you put your head on my shoulder. In addition, while I know you despise your worming medication, my intentions in giving it to you are good, and I really do not think I should be rewarded by having you spit half of it back out onto my shirt. Sometimes, I get the feeling that you are confused about the appropriate roles you should play in various situations. One small bit of advice: Your stone-wall imitation should be used when I am mounting and your speed-walker imitation when I suggest that we proceed on our way, not vice versa. Please also understand that jumping is meant to be a mutual endeavour. By "mutual", I mean that we are supposed to go over the jump together. You were purchased to be a mount, not a catapult. I know the world is a scary place when your eyes are on the sides of your head, but I did spend a significant amount of money to buy you, and I have every intention of protecting that investment. Therefore, please consider the following when you are choosing the appropriate behaviour for a particular situation:*

*When I put your head collar on you, attach one end of a lead rope to the head collar, and tie the other end of the lead rope to a post or ring or whatever, I am indicating a desire for you to remain in that locale. I would also like the head collar, lead rope, post, etc., to remain intact. While I admit that things like sudden loud noises can be startling, I do not consider them to be acceptable excuses for repeatedly snapping expensive new lead ropes (or head collars or posts) so that you can run madly around the yard creating havoc in your wake. Such behaviour is not conducive to achieving that important goal that I know we both share --- decreasing the number of times the veterinarian comes out to visit you. By the same token, the barn aisle was not designed for the running of the Derby and is not meant to serve as a racetrack. Dragging me down the aisle in leaps and bounds is not how "leading" is supposed to work, even if someone happens to drop a saddle on the floor as we're passing. Pulling loose and running off is also discouraged (although I admit it does allow you to run faster). I assure you that blowing pieces of paper do not eat horses. While I realise you are very athletic, I do not need a demonstration of your ability to jump 25 feet sideways from a standing start while swapping ends in midair, nor am I interested in your ability to emulate both a race horse and a bucking bronco while escaping said piece of paper. Also, if the paper were truly a danger, it would be the height of unkindness to dump me on the ground in front of it as a sacrificial offering to expedite your escape.*

*When I ask you to cross a small stream, you may safely assume that said stream does not contain crocodiles, sharks, or piranhas, nor will it be likely to drown you. (I have actually seen horses swimming, so I know it can be done.) I expect you to be prepared to comply with the occasional request to wade across some small body of water. Since I would like to be dry when we reach the other side of the stream, deciding to roll when we're halfway across is not encouraged behaviour. I give you my solemn oath that the trailer is nothing but an alternate means of transportation for distances too long for walking. It is not a lion's den or a dragon's maw, nor will it magically transform into such. It is made for horses, and I promise you that you will indeed fit into your assigned space. Please also bear in mind that I generally operate on a schedule, and wherever we're going, I would really like to get there today. For the last time, I do not intend to abandon you to a barren, friendless existence. If I put you in a turn-out paddock, I promise that no predators will eat you, and I will come back in due time to return you to your stable. It is not necessary to run in circles, whinny pathetically threaten to jump the fence, or paw at the gate. Neither your stable mates nor I will have left the premises. The other horses standing peacefully in adjacent paddocks amply demonstrate that it is possible to enjoy being turned out for exercise.*

*Finally, in closing, my strong and gentle companion, I would like to point out that, whatever might happen between horses and their people, we humans will always love you. In fact, our bonds with you help create new bonds among ourselves, even with total strangers. Wherever there are horses, there will be "horse people", and for the blessings you bestow upon us, we thank you.*

*Most sincerely yours, Your Adoring Owner*



## Solent RC Members do themselves proud!



Two young members of Solent Riding Club along with myself, qualified for the Cricklands Winter League Finals held at the David Broome Event Centre in Wales on 20<sup>th</sup>-22<sup>nd</sup> March. **Katy Mew, Jessica Easton-Plummer** and their wonderful ponies **Otty** and **Trefriw Marmite** contested many other individual under 16 riders to a weekend of 3 dressage tests, one warm up, and two that counted for the championship. The two scores of the championship tests are amalgamated to give an overall score. Both girls rode exceptionally well.

Katy Mew and Otty rode fluent, obedient and consistent tests throughout the weekend gaining scores of **67.7%** and **72.5%!!!** Jessica again rode consistently well scoring **65%** and **75.5%!!!** The scores on the final day aren't displayed to the competitors so nobody is aware of who has won the championship medals. It was obvious that the girls had done well, however just how well was not revealed until the presentation.....

With just 0.3% between their scores, Katy and Jessica were awarded Bronze and Silver Medals by David Broome himself. A huge achievement by both, and many congratulations to the girls who were up against people from all over the country to gain these. Well done!!!

As for me.....well anyone that knows **Cash** will understand when I say that I got tanked around the arena on the first championship day which blew our chances of being placed overall!!! He did however change his ideas on the second day (after being lunged, schooled on grass and hacked twice before our test!!) and he redeemed himself by giving me a wonderful ride in the arena to obtain a score of **72.2%**.....he could have done so well!!!! Bless him!! I think the girls will agree with me when I say we all had a wonderful weekend, helped by the sunshine!, and we would like to thank all our family and friends for their help and support...a huge thank you from me especially to Claire Mew for reading my tests!!

- Leanne Lacey



## Showjumping Training

**Instructor:** Mark Hallion  
**Where:** Mayhill  
**When:** Tuesday 19 May 2009, Tuesday 2 June 2009  
**Time:** Starting from 5.00 pm  
**Cost:** £15.00

These training sessions will take place on the outdoor surface or in the indoor school.

All riders attending, must wear Hats BSI kite marked PAS 015 or BS EN 1384 with the strap fastened. Body Protectors are strongly recommended.

Due to the low cost of sessions, no money will be refunded due to viability of running the sessions.

For more information and to book a place, please complete the booking form shown at the end of the newsletter and send with your payments to:

Tuesday 19 May Forms:

**Hazel Craik**  
137 Paxton Road  
Fareham  
Hampshire PO14 1AE

Tuesday 2 June Forms:

**Claire Shanks**  
7, Pimpernel Close  
Locks Heath  
Hampshire SO31 6TN





## Monthly Competition

# Crossword

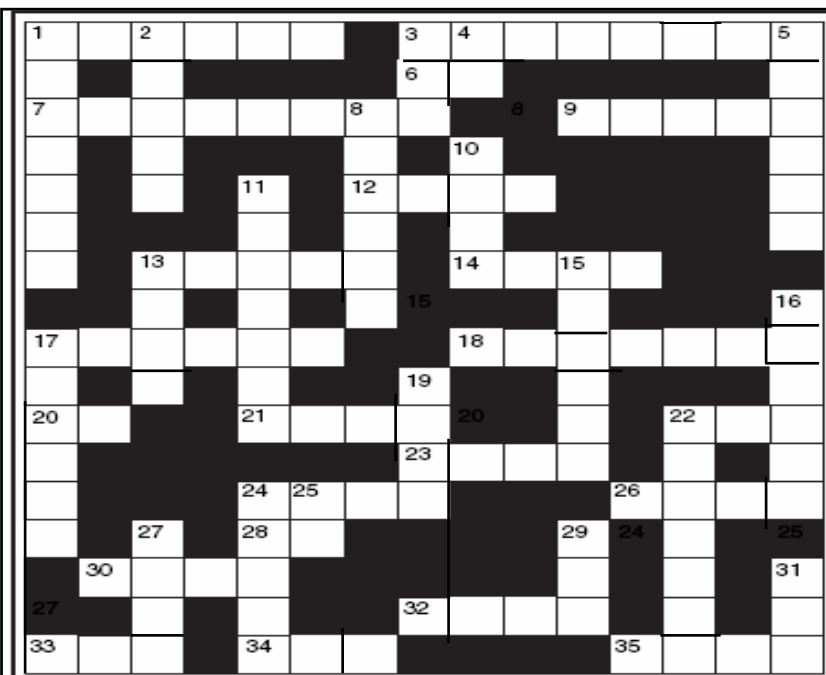
Enter our Crossword Competition and win a training voucher for £15.00.

Send your entry by post to **14a Mapleton Road, Hedge End SO30 0GL**  
 Winner will be the first correct answer drawn from the entries received.

**Closing date for entries: 1st June 2009**

*Only one entry permitted per person.*

NAME: \_\_\_\_\_



### Down

1. Land for grazing
2. Long straps from the bit
3. Opposite of no
4. Taking horse: Mister
5. To run
8. Uplifted front of saddle
10. Two-beat gait
11. A bridle
13. Horny covering on horse's foot
15. Fenced-in area
16. A halter
17. Run in long strides, lope
19. Opposite direction of right
22. Fabric covering for a horse
24. Fastens a Western saddle in place
25. Opposite of off
27. A pattern of foot movements
29. Fodder that comes in bales
31. Sits on jockey's head

### Across

- |   |  |   |
|---|--|---|
| <ol style="list-style-type: none"> <li>1. This company makes feed for horses</li> <li>3. One-year-old horse</li> <li>6. Talking horse: Mister___</li> <li>7. Part of saddle that supports the feet</li> <li>9. Compartment where horse lives</li> <li>12. Female horse over four years</li> <li>13. Animal with a mane and hooves</li> <li>14. Horse's equipment</li> <li>17. Used for hay or pasture; shamrock</li> <li>18. Makes and fits horseshoes</li> </ol> | <ol style="list-style-type: none"> <li>20. Opposite of yes</li> <li>21. A horse's father</li> <li>22. Opposite of good</li> <li>23. Newborn horse</li> <li>24. Male horse under four years</li> <li>26. Long hair on horse's neck</li> <li>28. Opposite of out</li> <li>30. Building where horses sleep</li> <li>32. Small horse, such as Shetland</li> <li>33. Metal part of bridle in horse's mouth</li> </ol> | <ol style="list-style-type: none"> <li>34. Opposite of cold</li> <li>35. Pull on the reins to_____</li> </ol> |
|---|--|---|

**Congratulations to Leanne Lacey who won a £15.00 voucher for correctly completing the Word Search Competition.**



## Member News.....



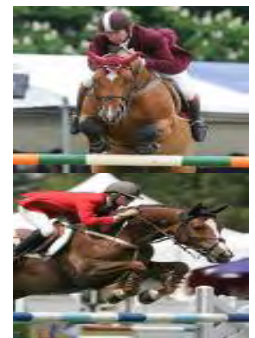
### New Members:

Christine Read  
Kate Humphreys  
Emma Bush  
Belinda Wall

Ellen & Holly Craven  
Katarina Rosell  
Caroline Marsh  
Becky Stapley

Isabelle Rees  
Amanda White  
Linda Wiltshire  
Johanna Jordan

No further reminders will be sent to those of you who have not rejoined. If you want to remain a member please send your membership in as soon as possible.



## Dressage Clinics with Robert Pickles FBHS—Mayhill Stud



We are pleased to offer Dressage Training with Robert Pickles (Fellow of the British Horse Society).

Wed 27<sup>th</sup> May  
Wed 15<sup>th</sup> July  
Tue 11<sup>th</sup> August

Robert is one of only a handful of people in the World to hold this highest accolade. He is an International Trainer in the disciplines of Dressage, Showjumping and Eventing and is highly respected. Robert has many attributes as an equestrian trainer, but perhaps most remarkable is his ability to emphasise and offer enthusiasm to every person who trains with him, irrelevant of their riding ability.

Each session will last 45 mins and will have two people per session. Places are going to be limited, so it is important to book early. Cost will be £21 per person – cheques made payable to Solent Riding Club (post dated cheques are acceptable). It may be possible to offer some private sessions at a cost of £40 – please indicate on your booking form if you would like to be considered for a private session and you will be advised nearer to the time if we are able to accommodate – DO NOT SEND IN FULL AMOUNT just the £21 for now. **Please complete the form attached with this newsletter .**

### Training Dates:

Date	Event	Venue
30th May	Two Step XC Training	Simulated XC in the outdoor school, getting you prepared for going onto an XC course
13th June	XC Training	Venues, costs, further details and training form on the website.

**We want to hear from you!** Send us your comments about our Club Newsletter—ideas for future issues by e-mailing Sarah Bunting on [sarah@bunting.me.uk](mailto:sarah@bunting.me.uk)

Whilst we make every reasonable effort to ensure that the information contained is the most recent and correct, from time to time the information can change without notice. Under no circumstances will Solent Riding Club or any of its members be held liable for damages, whether direct or indirect resulting from use of this newsletter as it is provided for information purposes only. You shall not copy, amend, reproduce in any form whatsoever the information and material contained within the newsletter or otherwise interfere with its publication or do any act that is inconsistent with our rights. Except where expressly stated to the contrary all third party trademarks and images of third party products featured in this on this flyer are owned by the respective copyright or trade mark owners and are in no way associated, linked or

Editor: Sarah Bunting Designed by: Cat Jackson 2009

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All riders attending, must wear Hats BSI kite marked PAS 015 or BS EN 1384 with the strap fastened. Body Protectors are strongly recommended.

Due to the low cost of sessions, no money will be refunded due to viability of running the sessions.

Please complete and return the slip below to book a place, all payments must be sent prior to the lesson.

-----

### **Show Jumping Training – 19 May 2009**

Name ..... Membership Number .....

Telephone Number ..... Email .....

I would like to jump at height .....

To book a place, please send this completed slip together with your payment to:  
Hazel Craik, 137 Paxton Road, Fareham, Hampshire PO14 1AE – Mob: 07718 902775

Cheques to be made payable to: Solent Riding Club.



## **Show Jumping Training**



Instructor: Mark Hallion  
Where: Mayhill  
When: Tuesday 2 June 2009  
Time: Starting from 5.00 pm  
Cost: £15.00

These training sessions will take place on the outdoor surface or in the indoor school.

All riders attending, must wear Hats BSI kite marked PAS 015 or BS EN 1384 with the strap fastened. Body Protectors are strongly recommended.

Due to the low cost of sessions, no money will be refunded due to viability of running the sessions.

Please complete and return the slip below to book a place, all payments must be sent prior to the lesson.

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### **Show Jumping Training – 2 June 2009**

Name ..... Membership Number .....

Telephone Number ..... Email .....

I would like to jump at height .....

To book a place, please send this completed slip together with your payment to:  
Claire Shanks, 7, Pimpernel Close, Locks Heath, Hants. SO31 6TN – Mob: 07761  
610424

Cheques to be made payable to: Solent Riding Club.





# DRESSAGE CLINICS WITH ROBERT PICKLES FBHS

## MAYHILL STUD

- o 27<sup>th</sup> May (Wednesday)
- o 15<sup>th</sup> July (Wednesday)
- o 11<sup>th</sup> August (Tuesday)

We are pleased to offer Dressage Training with Robert Pickles (Fellow of the British Horse Society). Robert is one of only a handful of people in the World to hold this highest accolade. He is an International Trainer in the disciplines of Dressage, Showjumping and Eventing and is highly respected.

Robert has many attributes as an equestrian trainer, but perhaps most remarkable is his ability to emphasise and offer enthusiasm to every person who trains with him, irrelevant of their riding ability.

Each session will last 45 mins and will have two people per session. Places are going to be limited, so it is important to book early. Cost will be £21 per person – cheques made payable to Solent Riding Club (post dated cheques are acceptable). It may be possible to offer some private sessions at a cost of £40 – please indicate on your booking form if you would like to be considered for a private session and you will be advised nearer to the time if we are able to accommodate – **DO NOT SEND IN FULL AMOUNT** just the £21 for now.

Please complete the form below, stating your current level of schooling and any other relevant details, please also state your preferred time which will be accommodated as much as possible. As these sessions will be start in the afternoon at around 1.30pm.

Times are available by phoning Jane on 01489 790103 four days before between 7pm and 9pm, alternatively please include your email address with your booking and I will email your times to you.

.....  
**ROBERT PICKLES DRESSAGE CLINIC**

Name: .....

Tel No..... Membership No .....Email .....

Details

.....  
 .....

Date(s) of Clinic ..... Preferred Time .....

Please send to: Jane Porter, Coledown House, Vicarage Lane, Curdrige, Southampton S032 2DP

**SOLENT RIDING CLUB.**  
**BHS AFFILIATED**



**MEMBERSHIP FORM 2009.**

New / Renewal (please circle)

Name .....

.....  
(All names and ages of Family membership)

Address .....

.....  
.....  
.....

Date:.....

Telephone .....

Email Address .....

Do you wish your newsletter to be sent by post or email (please circle one)

Please return to: Claire Shanks  
7 Pimpernel close  
Locks Heath  
Southampton  
Hants  
SO 31 6TN

Subscription: Adults £20.00  
Junior £15.00  
Family £50.00 ( 2 Adults & 2 Children.  
Or 1 Adult & 3 Children. Any additional  
Children £15.00 each.)

All Inclusive of BHS Affiliation.

.....